Report of activities of ‘Committee IMA Care of Elderly’ from 01-01-2015 to 25-11-2015
The Chairman Dr. V U Seethi and chief coordinator Dr. D R. Rai attended the Presidents and Secretaries meet held at New-Delhi on 11th and 12th February and presented the plan of action of the committee. The project proposals were distributed among the participants.

The Chairman, Convener and Chief Coordinator attended the working committee in April at Delhi.

The Chairman, Convenor and Chief Coordinator attended the Secretaries and Presidents meet at Bombay and Central Wok Committee at Thiruvananthapuram.

The Care of elderly activities are implemented effectively in a number of States. Gujarat, Goa, Tamil Nadu, West Bengal, Maharashtra, Delhi, Madhya Pradesh and Kerala have done good work. They have formed special committees for implementation of the project. We are not getting proper report even though different activities are being done in different parts of the country.

Vadodara Branch of Gujarat has formed a Committee under the leadership of Dr. P K Das with the guidance of Dr. Chetan N Patel, President of Gujarat Branch and sending reports.

WEST BENGAL has informed that they have formed the Committee and activities have been started and they have sent the photographs of the activities.
MADHYAPRADEH has formed a committee under the leadership of Dr. S.M. Sirothia.

KERALA STATE has formed a committee under the leadership of Dr. M K Paulose of Perumbavoor branch with representation from all the districts of the state. The detailed activity report of the State is attached. The following branches have sent their report of activities.

CHIRAYINKEEZHU: under the leadership of Dr. Raman Nair, community based Geriatric Care.

KARUNAGAPALLY branch: Health check up camps, get togethers and special clinics.

KAYAMKULAM branch: Weekly clinics and Home care.

COCHIN BRANCH: Old age home visits, awareness programme, periodical medical checkups and old age clinics.

MADHYA KERALA BRANCH: Old age home visit and weekly clinic.

PERUMBAVOOR: Weekly clinics get together programmes, old age homes
SERVICE ACTIVITY / ANNADHANAM;
ON 26/01/2015 AT LUNATIC ASYLUM,
KUNNAKURUDI.
AT PALAKKAD, DR. SUKUMARA PILLAI EXAMINING PATIENTS DURING ELDERLY MEDICAL CAMP
Dr. Sreejith N. Kumar, Our State President, honoring Smt. Mary Esthappan, by garlanding Ponnada.
INTERACTIVE/AWARENESS SESSION BY DR. SHOBNA K PILLAI
OUR DISTRICT REPRESENTATIVE FROM BINANI PURAM,
ERNAKULAM DT
A well-wisher in elderly care offered 1.5 acres of land for construction of villas and flats, suitable for aged, for stay and live together. We, IMA has to work out and make it a reality. Ideas and plan of action has to be chocked out. Location is at Vengoor, 15 Km. from Perumbavoor, near River Periyar.
Mega multi-specialty Medical Camp for elders; during Inaugural function.
KUNNAMKULAM BRANCH: Certificate Course in Geriatric Care, Awareness programme, home care and weekly clinics
PONNANI: Old age home visit and medical checkup.
VALANCHERY: Weekly clinics
MALAPPURAM: Weekly clinics
PERINTALMANNA: Weekly clinics, awareness programme, get together, home care, rehabilitative camps.
KONDOTTY: Weekly clinics
KOZHIKODE: Old age home visits, periodic clinics
VADAKARA: Periodic weekly clinics, awareness programmes.

WORLD ELDERS ABUSE DAY was observed on 15th June 2015 in a befitting manner. A public programme was conducted at Thavanoor, National Chairman Dr. V. U. Seethi, attended the programme along with MLA K. T. Jaleel and Kerala State Elderly committee Vice Chairman Dr. Jojo Pomson
WEAAD ; STATE LEVEL INAUGURATION PRESIDED BY DR. V U SEETHI, NATIONAL CHAIRMAN CARE OF ELDERLY
WORLD ELDER ABUSE AWARENESS DAY (WEAAD)

The United Nations General Assembly, in its resolution 66/127, designated June 15th as World Elder Abuse Awareness Day.
World Elders Day

Commemoration of World Elders Day on 1st October 2015 at Erode, Organized by Indian Medical Association Tamil Nadu State Branch in National Level. Chief Guest was Shri Dr. S. Prabhakar I.A.S, District Collector Erode.

30th Sept 2015 - World Elders Day – Health Check Up
1st Oct 2015 World Elders Day - Rally
1st Oct 2015  World Elders Day – Tree Plantation

1st Oct 2015  World Elders Day – Cultural Programme
1st Oct 2015  World Elders Day – Honored the Elders
World Elders Day

The national level World elder’s day was observed on 1st October at Erode of Tamil Nadu Branch under the leadership of Dr. R.V.Suendran, State President and Dr.C.N.Raja, State Secretary and Dr.S.Damodaran, President elected and a number of members from Erode and nearby areas. ChaimanDr.V.U.Seethi and Convenor Dr.SamuelKoshy attended the function. It was very well organised and special appreciation to Dr.Raja and his team.
30th Sept 2015 - World Elders Day – Health Check Up
1st Oct 2015  World Elders Day – Rally

1st Oct 2015  World Elders Day – Tree Plantation
1st Oct 2015  World Elders Day – Cultural Programme
1st Oct 2015 World Elders Day – Honored the Elders
Elders Day: IMA East Delhi Branch celebrated Elders Day on the occasion of World Elders Day on Sunday, 4th October 2015 under the chairmanship of Dr. D.R. Rai who is also the national coordinator of Care for Elderly programme.

On that day we organized Health Checkup Camps at 5 major Hospitals in East Delhi.

1. Monga Medical centre, Krishna Nagar, Delhi 110051
2. Karuna Hospital, Dilshad Garden, Delhi 110095
3. East Delhi Medical Centre, Mansarover Park, Delhi 110032
4. Puchsheel hospital, Yamuna Vihar, Delhi 110053
5. IMA East Delhi Branch, Karkardooma, Delhi 110092

General Health Checkup, Blood Sugar and BMD were done for the benefit of senior citizens.

A felicitation ceremony of senior members of the branch, of more than 70 years of age was done for maintaining good health and serving the community even at this age. Dr. J.D. A. Rana, Dr. ShashiSaini, Dr. J.L. Gupta, Dr. G.D. Gupta, Dr. Satya Gupta, Dr. UshaVaid, Dr. A.K. Chaturvedi, Dr. S.K. Sharma, Dr. (Mrs.) C.K. Sharma, Dr. PushpaSaxena, Dr. (Brig) K.S. Chadha, Dr. P.S. Guatam, Dr. V.K. Gaur, Dr. P.S. Gupta, Dr. SarojPrakash were honoured.
A public lecture was held on all these centres for prevention of diseases, maintenance of Physical, Mental, Social and Spiritual Health of the Elderly. Dr. VinayAggarwal (Past President, CMAAO), Dr. K.K. Aggarwal (Hony.Secretary General, IMA-HQ) & Dr. NarendraSaini (Former Hony. Secretary General, IMA-HQ) were the guests of honour. Politically Eleders i.e. All Past President of DMA (Dr. J. K. Jain, Dr. Y. P. Munjal, Dr. S.N. Mishra, Dr. Harish Grover, Dr. PremAggarwal, Dr. Sita Ram Aggarwal, Dr. Hans Raj Baweja, Dr. Deepak Sachdeva, Dr. ChanderParkash, Dr. S.C.L. Gupta), IMA-EDB and present office Bearers of IMA-HQ (Dr. K.K. Aggarwal, Dr. R.N. Tandon, Dr. Ramesh Kumar Datta, Dr. Harish Gupta, Dr. B.B. Wadhwa, Dr. S. Lakhotia, Dr. NareshGoyal, Dr. S.M. Taneja, Dr. V.K. Monga) & DMA (Dr. Ajay Lekhi, Dr. Rakesh Gupta, Dr. AlokBhandari, Dr. Dinesh Sahai) were honoured for their services towards the association of Medical fraternity.

It was a grand success because of the guidance of Dr. D.R. Rai, Dr. K.K. Aggarwal & Dr. VinayAggarwal.

Dr. A. MarthandaPillai, National President, IMA-HQ and Dr. U.V. Seechi Chairman, Care for Elderly Committee also sent their blessings on this occasion. It was a grand success & attended by 150 doctors.
World Elder’s Day – Blood sugar, Neuropathy & bone density Estimations

World Elder’s Day activity @ Ernakulam
Kerala State observed World Elders day in a befitting manner. A number of branches has observed the day even extending to one week programme. The details of the World Elders Day report is attached and special appreciation to Chairman, Kerala State Committee Dr.Paulose.M.K and Dr.Sunnypaul.K, Joint Convenor, Vice chairman Dr.JujuPomson and all the District Representatives for their excellent work

FUTURE PLAN OF ACTION OF THE COMMITTEE.
1. Training programme in Geriatrics for our members in the National level, State level and Branch level.
2. To promote implementation the project in maximum number of states (reminders will be sent to the State and branches )
3. Training program for the care takers and Para Medical Staffs
4. Aiming to recognize the achievements of elders to the society.
5. With cohesive efforts, try to reduce the hardships faced by the elders like Abuse, Medical care, Psychological and Financial difficulties
6. To recognize maximum number of Hospitals as Elderly Friendly Hospitals giving guidelines to rehabilitate and gave maximum convenience and care in Hospitals.
7. to observe world elders day in a befitting manner. Erode IMA branch of Tamil Nadu has agreed to host ‘World Elders Day’ on October 1st 2015.
8. To establish liaison with State Government and Central Government.
   a). Follow up of the application letter send to Secretary, Social Justice and Empowerment Ministry,
   b). to implement special health insurance package for the elders
   c). Try to get maximum seats for Geriatric PG Courses
   d). Request the Govt. to introduce Drug formulary specially for geriatrics. Adult dose of antibiotics in sugar free syrup form.
   f). Establishment of maximum day care centres in the Panchayath level and Ward level.
   g). Formation of the oldage homes with necessary rehabilitative aids
   h). To arrange maximum number of awareness programmes for the betterment of the elders.
   i). Special preference of the senior citizen in the lower births of trains.
   j). to request for earliest judgment in cases of Elders.

We are very much grateful to the support and encouragement given by National President Dr. A. Marthanda Pillai and Secretary General Dr. K K Agarwal.

Dr. V U Seethi           Dr. D R. Rai           Dr. Samuel Koshy
Chairman National Committee  Chief Co-Ordinator    Convener, National Committee
for care of Elderly            National Committee for Care of Elderly for Care of Elderly
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THANK YOU