Annual HCFI Awards 2017 presented under various categories for noteworthy contribution in the field of healthcare

- Schools who took part in the Perfect Health Mela were also recognized
- All present at the event trained in first aid and hands-only CPR 10

New Delhi, 09 November 2017: The Heart Care Foundation of India (HCFI), a leading National NGO committed to making India a healthier and disease-free nation, organized the annual HCFI Awards 2017 on 9th November 2017. These awards are given to eminent personalities for their selfless contribution in promoting healthcare in the country. The award ceremony was followed by a felicitation of the schools that participated in the recently concluded Perfect Health Mela 2017.

The event also featured the launch of a video on the HCFI - ONGC Swacch Bharat Abhiyaan. ONGC has taken its Swacch Bharat Abhiyan to many parts of the country already. The public health awareness video prepared in collaboration with HCFI highlighted the intrinsic relationship between a clean environment and a healthy nation. Padma Shri Awardee Dr KK Aggarwal, National President IMA and President HCFI chaired the event in the presence of other distinguished guests. Those present were also trained in the life-saving technique of hands-only CPR 10 and first aid.

Delivering the welcome address, Padma Shri Awardee Dr K K Aggarwal, National President Indian Medical Association (IMA) and President Heart Care Foundation of India (HCFI), said, “It was heartening to see the immense participation by schools at the Perfect Health Mela this year. We are happy to felicitate them for doing their bit towards healthcare and ensuring that they participate in the larger good of the community by creating awareness. I congratulate those who are receiving the awards today for their outstanding and selfless contribution to healthcare in the country. These awards will set an example for others in the field to work better and ensure that they create relevant awareness through their activities. Each one of us has a responsibility towards the environment, which will further translate into good health. Every citizen of the country must be ‘health aware’ and make efforts to be disease free and promote best practices. Preventive measures towards health must start right at a young age.”

More than 20 schools participated this year in various competitions and events in the Perfect Health Mela. This is a one-of-its-kind event organized by the HCFI every year to create awareness on health through competitions, campaigns, health check camps, and workshops. IMA is the knowledge partner for this event.

Accepting the HCFI awards for their contribution, Shri Rajesh Mittal and Ms Kamaleshvari, said, “We are very happy to receive this award today. However, we are happier to see a body like HCFI recognizing our contribution to healthcare. This award is not only an encouragement for us to work more in this direction but will also serve as an example for many others to follow suit and work towards improving healthcare outcomes in the country, in their own way.”
The workshop on first aid and hands-only CPR 10 aimed at educating people on the need to be aware of these basic techniques. First aid is a priority at any cost. By learning the technique of CPR 10, one can revive victims of sudden death within 10 minutes. Sudden death may include heart attack, electrocution deaths, hypothermia deaths, deaths due to choking, drowning deaths and other deaths, which occur suddenly without notice. Dr Aggarwal added that it is unfortunate that in our country, medical personnel cannot reach the victim early. It is, therefore, imperative for every citizen of the country to be trained in basic first aid including cardiac first aid to victims.

Giving the vote of thanks, Dr RN Tandon – Honorary Secretary General IMA, said, “The IMA has always supported any effort aimed at ensuring universal access to healthcare and creating awareness on health issues. This event is no different and I congratulate all the winners. I also thank all those present here for having attended the event and helping us take the agenda of ensuring health for all, a step further.”

HCFI awards were presented under the following categories to the following people.

- **HCFI K L Chopra Media Award for the best health news reporting for the year**
  Shri Durgesh Nandan and Ms Payal Banerjee
- **HCFI K L Chopra Lifetime Achievement Media award**
  Shri Rajesh Mittal, Shri Mukesh Aggarwal, Shri Alok Mohan Nayak
- **HCFI Dr Rakesh Gupta Excellence Award for the best philanthropic contribution in the field of a community health project**
  Dr Mridula Pandey, Dr Arun Gupta (Sacchi Saheli), Dr Swati Bhave
- **HCFI Abheeta Khanna Lifetime Achievement Award for exemplary contribution in the field of PR and Journalism**
  Shri Veerendra Verma and Ms Ratan Kaul
- **HCFI Anil Jaju Excellence Award for the best project in the field of health awareness during the last one year by an NGO**
  Indian Medical Association
- **HCFI Qimat Rai Aggarwal Excellence Award for contribution in the field of preventive health and environment preservation in the last one year**
  Shri P K Bajaj and Dr Akshat Wahal
- **HCFI Dr Vijay Aggarwal Excellence Award for contribution to the society**
  Ms Kamaleshwari
- **HCFI Dr K K Aggarwal Running Trophy for contribution to the field of health in the last one year**
  Ms Paavani Gupta and Ms Santosh Kumari
- **HCFI Performer of the Year Award will be presented to the best performer from the HCFI Family**
  Shri Ram Singh
- **HCFI Lifetime Achievement Award**
  Shri D K Gupta, Dr U Kakroo and Shri K. Sareen
- **HCFI Perfect Health Mela Special Award**
  Ms Geeta Anand, Ms Aruna Tyagi, Shri Yogesh Jaju, Shri Yogesh Pant, and Dr Prachi Garg
About Heart Care Foundation of India

Initiated in 1986, the Heart Care Foundation of India is a leading National NGO working in the field of creating mass health awareness among people from all walks of life and providing solutions for India's everyday healthcare needs. The NGO uses consumer-based entertainment modules to impart health education and increase awareness amongst people. A leading example of this is the Perfect Health Mela; an annual event started in 1993 that is attended by over 2-3 lakh people each year. The Mela showcases activities across categories such as health education seminars and check-ups, entertainment programs, lifestyle exhibitions, lectures, workshops, and competitions. In addition to this, the NGO conducts programs and camps to train people on the technique of hands only CPR through its CPR 10 mantra for revival after a sudden cardiac arrest. They currently hold three Limca Book of World Records for the maximum number of people trained in hands-only CPR in one go. Keeping Article 21 of the Indian Constitution in mind, which guarantees a person Right to Life, Heart Care Foundation of India has also recently initiated a project called the Sameer Malik Heart Care Foundation Fund to ensure that no one dies of a heart disease just because they cannot afford treatment.

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