Heart Care Foundation of India (HCFI) celebrates World Earth Day 2017

Inter-school activities hosted for over 200 students jointly with Indian Medical Association, the Ministry of Earth Sciences, Govt. of India and Ramjas Public School (Day Boarding), Anand Parbat

New Delhi, April 22, 2017: The Heart Care Foundation of India (HCFI), a leading national non-profit organization, in association with the Indian Medical Association and Ramjas Public School (Day boarding) celebrated World Earth Day on 22nd April 2017 from 8 a.m. to 11 a.m. The theme for the event was Sustainable Earth. The Ministry of Earth Sciences, Government of India, supported the program.

On the occasion, various inter-school activities such as elocution, slogan writing, and painting were organised in the host school with participation by more than 200 students. The underlying message of the event was the importance of preserving one’s environment and its close link with living a healthy life. Dr R N Tandon, Honorary Secretary General, Indian Medical Association, graced the occasion as the Chief Guest.

Padma Shri Awardee Dr K K Aggarwal, National President, Indian Medical Association (IMA) and President, Heart Care Foundation of India (HCFI) in his message said, “HCFI has been celebrating World Earth Day since several years. The theme this year is about making earth and our activities sustainable. Among the many global climatic emergencies, climate change poses the biggest challenge. Temperatures are higher than ever and there is an increase in the occurrence of natural disasters. To cope with and counter this challenge, we need to work towards a more sustainable earth by adopting many sustainable practices such as walking and cycling instead of using cars to move around when possible, using public modes of transport and reducing pollution which is the leading cause of lifestyle diseases in today’s date and age. We are thankful to the Ministry of Earth Sciences, Government of India for offering their support to this event as also Ramjas School for being a part of this cause.”

Co-host of the event Ms. Sarika Arora, Principal, Ramjas Public School (Day Boarding), Anand Parbat, said, “It is our privilege to be associated with the Heart Care Foundation of India for this event on the occasion of World Earth Day. There is an urgent need to create awareness about environmental issues among children as they are the future of our country. Our school believes in helping enable futuristic thinking in all our students. We hope that this event will be another step for us in achieving this objective.

Many competitions were held for middle and senior classes (9th to 12th standard) as part of this day. The young artists displayed imagination at its best and their paintings were also displayed around the school for others to see and learn. Winners from each category were awarded and participation certificates were handed over to each and every participant.
On this Earth Day, Heart Care Foundation of India shares tips for a sustainable earth:

- Reduce, reuse, and recycle
- Turn off water when not in use
- Start a home garden and cultivate your own fruits and vegetables
- Save electricity and turn off appliances when not in use

End

About Heart Care Foundation of India

Initiated in 1986, the Heart Care Foundation of India is a leading National NGO working in the field of creating mass health awareness among people from all walks of life and providing solutions for India’s everyday healthcare needs. The NGO uses consumer based entertainment modules to impart health education and increase awareness amongst people. A leading example of this is the Perfect Health Mela, an annual event started in 1993 that is attended by over 2-3 lakh people each year. The Mela showcases activities across categories such as health education seminars and checkups, entertainment programs, lifestyle exhibitions, lectures, workshops and competitions. In addition to this, the NGO conducts programs and camps to train people on the technique of hands only CPR through its CPR 10 mantra for revival after a sudden cardiac arrest. They currently hold three Limca book of world records for the maximum number of people trained in hands only CPR in one go. Keeping article 21 of the Indian constitution in mind, which guarantees a person Right to Life, Heart Care Foundation of India has also recently initiated a project called the Sameer Malik Heart Care Foundation Fund to ensure that no one dies of a heart disease just because they cannot afford treatment.

For further information please contact:
Sanjeev Khanna - 9871079105
Md Adib Ahmad – 9873716235
mediaimahq@gmail.com