



unite for diabetes



A 3 DIMENSIONAL APPROACH TO MANAGEMENT OF **DIABETES**

27 - 28 APRIL 2019

HOTEL SAVERA

146, DR.RADHAKRISHNAN ROAD, CHENNAI - 4



Organized by



Academy for
Diabetes Education



DEAR Foundation



in association with



Southern Chapter



Dear friends,

On behalf of the organizing committee of 3D 2019, it gives me great pleasure to welcome you all to the 3rd Annual Conference of DIABETES | DIALOGUES | DISCUSSIONS (3D 2019) which is being held at Chennai on 27-28 April, 2019. It is an honor to host you and also to make you comfortable and with your participation it would be a great success.

The scientific committee has taken all efforts to make the scientific content of this meeting a learning experience. Treatment of Diabetes is challenging to the care provider and has to be constantly updated. This conference is packed with discussions, State of the Art Lectures, Meet the Expert (MTE) sessions, Workshops, Debates and Controversies. More than 60 top national faculty members of repute are ready to discuss various issues in management of diabetes. In this conference significant time is allotted for interactive sessions. Bon appetite for learning in diabetes.

Eagerly waiting to meet you all at Chennai.

Dr. G. Vijaya Kumar
Organizing Secretary - 3D 2019



Scientific Program Committee - Dr. C.R. Anand Moses | Dr. Krishna G Seshadri | Dr. S. Venkataraman

Local Organizing Committee - Dr. Bhavatharani | Dr. S. Chandrasekhar | Dr. M. Chellamariappan | Dr. D. Dhanamithran | Dr. R. Gowrishankar
Dr. K. Mohan | Dr. A. Natarajan | Dr. K. P. Pitchumani | Dr. R. P. Rajesh | Dr. Ravindranath | Dr. P. Selvapandian | Dr. A. Srivatsa

Scientific Programme Agenda

DAY 1 - 27 April 2019

08.00AM	Registration	
08.45AM	Inauguration	
09.00 - 10.15AM	Session 1 - Clinical Approach : Marginally Abnormal Biochemical Parameters	
Chairpersons	Dr Hari Vinay Kumar Dr Balaji Venkatachalam Dr Sriharee Kulkarni	
09.00 - 09.15AM	TSH - 7 in a diabetic - Do I need to treat?	Dr. Sriram Mahadevan
09.15 - 09.30AM	Uric Acid - 8 Is it significant to treat?	Dr Usha Ayyagari
09.30 - 09.45AM	Tg 260 in an Indian Diabetic - Is it significant ?	Dr Mahadevan
09.45 - 10.00AM	Creatine 1.5 - How do I Deal?	Dr Sarita Vinod
10.00 - 10.15AM	Discussion	
10.15 - 11.30AM	Session 2 - Plenary Lectures	
Chairpersons	Dr A Sundaram Dr A. Pannarselvam Dr Balaji	
10.15 - 10.35AM	10 considerations to use DPP IV i for the clinician	Dr CR Anand Moses
10.35 - 10.55AM	NAFLD - Diagnostic Hierarchy, Prognosis & Management	Dr. Murugan
10.55 - 11.15AM	Sleep Disorders in Diabetes	Dr. Rama Krishnan
11.15 - 11.30AM	Discussion	

11.30 - 12.45PM	Session 3 - Symposium 1 : Infections and Diabetes	
Chairpersons	Dr MC Deepak Dr Dharmarajan Dr SS Murthy	
11.30 - 11.45AM	MDR Tuberculosis in Diabetes	Dr R Narasimhan
11.45 - 12.00 N	Poorly controlled diabetes, cachexia , fever & visceral abscess	Dr. Ram Gopalakrishnan
12.00 - 12.15PM	Asymptomatic Bacturia	Dr Abdul Gafoor
12.15 - 12.30PM	Immunisation for Diabetics	Dr Rama Subramanian
12.30 - 12.45PM	Discussion	
12.45 - 1.30PM	Session 4 - Symposium 2	
Chairpersons	Dr VV Ramkumar Dr Pitchumani Dr O Seetharamaiah	
12.45 - 12.55PM	Reducing CV burden-Time to bell the cat ?	Dr S Venkataraman
12.55 - 01.05PM	Choice of DPP IV i - Evidence to date	Dr Shruthi Chandrasekar
01.05 - 01.15PM	Perfect partners for better control	Dr Krishna G Seshadri
01.15 - 01.30PM	Discussion	
01.30 - 02.15PM	Lunch	
02.15 - 03.00PM	Session 5 - Symposium 3	
Chairpersons	Dr M.Chellamariappan Dr Bhavatharani Dr A Srivatsa	

02.15 - 02.30PM	Insulin Initiation in clinical care-choices and decision making	Dr JS Kumar
02.30 - 02.45PM	New Insulin-Glargine 300 evidence based position in care	Dr A Ramachandran
02.45 - 03.00PM	Discussion	
03.00 - 04.00PM	Session 6 - Diabetes Dialogues - Rapid Fire	
Chairpersons	DR S Chandrasekar Dr Ravindranath Dr Krishna Prashanthi	
03.00 - 03.10PM	Drugs in pipeline for treatment of Diabetes Type 2	Dr Nanditha Arun
03.10 - 03.20PM	Diabesity - Drug therapy	Dr PV Rao
03.20 - 03.30PM	Postprandial Hyperglycemia	Dr Anand Moses
03.30 - 03.40PM	ED with Normal Testosterone levels	Dr Balamurugan
03.40 - 03.50PM	Managing elderly diabetics with DPP IV i	Dr R Madhavan
03.50 - 04.00PM	Discussion	
04.00 - 05.00PM	Session 7 - Diabetic Case Presentations - Discussions	
Chairpersons	Dr CR Anand Moses Dr S Venkataraman Dr Krishna G Seshadri	
Presenter		Dr R P Rajesh
		Dr Gowrishankar
		Dr Selvapandian
		Dr K Mohan
		Dr Paranthaman
05.00 - 06.00PM	Session 8 - Diabetes Dialogues - Jugalbandhi	
05.00 - 05.30PM	PCOS & Menopause in a Diabetic woman – An approach Dr. Jaishree Gopal Dr Amitha Pandey	
05.30 - 06.00PM	3 decades of diabetes management - Evolution or Revolution ? Dr A Ramachandran Dr S Venkataraman Dr Krishna G Seshadri	
06.00 - 07.15PM	Session 9 - What's new?	
Chairpersons	Dr K.Shanmugam Dr R Madhavan Dr V Venkatarathnam	
06.00 - 06.15PM	Off target usage of Anti diabetic drugs	Dr AJ Asirwadam
06.15 - 06.30PM	PCSK 9 - usage in a diabetic	Dr Dr N Sivakataksham
06.30 - 06.45PM	Secondary hypertension-suspicion & screening	Dr SS Lakshmanan
06.45 - 07.00PM	Biomarkers for diagnosing complications	Dr Vijay Viswanathan
07.00 - 07.15PM	Discussion	
07.15PM	Dinner	

DAY 2 - 28 April 2019

09.00 - 10.00AM	Session 10 - Diabetes Dialogues - Rapid Fire	
Chairpersons	Dr Shanmugavelu Dr Madhav Dr Natarajan	
09.00 - 09.10AM	Circadian Rhythm & Diabetes	Dr Y Sadasiva Rao
09.10 - 09.20AM	MNT for Sarcopenia	DR S Venkataraman
09.20 - 09.30AM	CVOTs & SGLT2i - a critical analysis	Dr Samit Ghosal
09.30 - 09.40AM	Diabetes & Stroke	Dr MV Ramamohan

09.40 - 09.50AM	Mobile Apps for practising physician	Dr Jayaprakash Sai
09.50 - 10.00AM	Discussion	
10.00 - 11.15AM	Session 11 - Plenary Lectures	
Chairpersons	Dr K Sai Dr Shivashankar Dr R Madhavan	
10.00 - 10.20AM	Cross Talk between Liver and Pancreas	Dr Rajiv Kovil
10.20 - 10.40AM	Diabetic dysinformation	Dr Krishna G Seshadri
10.40 - 11.00AM	Technology for better care & empowerment of the patient	Dr Manoj Chawla
11.00 - 11.15AM	Discussion	
11.15 - 12.15PM	Session 12 - Diabetes Discussion - Jugalbandhi	
11.15 - 11.45AM	Difficult diabetes & difficult diabetic Dr Manoj Chawla & Dr. S Venkataraman	
11.45 - 12.15PM	Holistic approach - Steno to Chennai Dr Samit Ghosal & Dr Rajiv Kovil	
12.15 - 01.00PM	Session 13 - Symposium 4	
Chairpersons	Dr V Santharam Dr CR Anand Moses	
12.15-12.30 PM	Ultra fast acting insulin for optimum control of postprandial glucose	Dr Jothydev Kesavadev
12.30-12.45 PM	Co-formulation insulin : From convenience to clinical relevance	Dr Krishna G Seshadri
12.45-01.00 PM	Discussion	
01.00 - 01.45PM	Lunch	
01.45 - 02.30PM	Session 14 - Symposium 5	
Chairpersons	Dr Dharmarajan Dr Peryandavar	
01.45 - 02.00 PM	Can DPP IV i be a good partner to Metformin ?	Dr AK Singh
02.00 - 02.20 PM	Diabetes & Heart Failure	Dr. Anil Bhoraskar
02.20 - 02.30 PM	Discussion	
02.30 - 03.30PM	Session 15 - Panel Discussion : Burning issues in Diabetic Diet	
Chairperson	Dr. Anil Bhoraskar	Moderator Dr Shanmugavelu
	1. Indian High Carb Diet - is it really toxic ? Panelists	
	2. VLCD /LCD Dr Jaishree Gopal	
	3. Can high protein diet - help in prevention & control ? Dr Dharani Krishnan	
	4. Eating disorders in diabetes Dr Balamurugan	
	5. Artificial sweeteners Dr A K Singh	
	6. Keto & Palio Diet	
	7. Any other issues	
03.30 - 04.00 PM	Session 16 - Diabetes Discussions - Jugalbandhi	
	CPR for the diabetic foot Dr Rajesh Kesavan Dr TV Raja Dr R Ravi Kumar	
04.00 PM	Valedictory Function	



Conference Secretariat
Dr G Vijaya Kumar
Diabetes Medicare Centre

No:8, Raja Street, T.Nagar, Chennai - 600017.
Mobile : +91 9791072917

Email:
3dcon.in@gmail.com

Website:
www.3dcon.in